

It's test time!

So, you are going 'alcofree'. How is it going? Does the cartoon look familiar?

But withdrawal from alcohol, if the person is alcohol dependent, is not a joking issue, and can be a very serious condition that needs urgent medical attention.

This may be in the form of Outpatient treatment and medication, In Patient treatment or and even ICU admission in severe cases. Read more about [treatment options here](#) .

Take the [quiz below](#) to see how you are faring if you are concerned about your, or someone else's health...



How bad is it?

Answer these [20 questions](#) to get an idea if your [alcohol withdrawal symptoms](#) are mild, moderate or severe.

The test is completely confidential and anonymous; your results are not recorded; and are available only to you. You are not asked for any personal identifying information.